

Useful for Human Resource Managers

FOR WORKING WITH PEOPLE WITH MENTAL
PROBLEMS



PROJECT LIKE

*"Life investment is the
key to employment"*

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How to work with people with mental problems

Research conducted with employers in various European countries show that more than half of them are reluctant to hire a person who has had mental illness in the past or is currently undergoing treatment.

Main obstacles to effective long term employment

- Fear of stigma and rejection by employers are factors that can seriously undermine a mentally ill person's confidence.
- Insufficient skills and ability to recognize and manage mental problems by managers
- Insufficient resources available to find a suitable job for the mentally ill people

In what is good the employers and managers to be trained

- The ability to recognize specific deviations or different types of psychological stress
- Knowledge and beliefs about risk factors and causes
- Knowledge and beliefs about interventions
- Knowledge and beliefs about the accessibility of professional help
- Behaviors and attitudes that facilitate the recognition of deviations and ways in which mental health information is sought

Useful methods for integration of a person with mental illness in the team and work environment

- Team training on various mental disorders
- Initial and intermediate regular meetings
- Implementation of team work/project
- Ensuring a maximum healthy and safe environment
- Expression of sympathy and solidarity, but not pity